

IAAID International Congress on Bruxism 2015

During the past years, medical research revealed possible causal chains and therewith the masticatory system got back into the scientific and therapeutic focus.

During the past 200 years, people's life has experienced fast and sustainable changes as never before. While during the 19th century the majority of the population still earned their living under demanding physical labor and therefore was exposed to tangible, direct danger, earning their income of most citizens of industrial nations is characterized by a rather lower physical commitment. We are overwhelmed with information and dangers "threatening" us are usually not tangible and rather diffuse. So people of the 21st century accept stress as a normal condition. The individual adapts within its own boundaries. However, stress permanently perceived in any case involves an increase in noradrenalin and dopamine in the brain and via the interaction of the hypothalamus and adrenal glands results in a vicious circle.

The level of neurotransmitters can only be decreased by aggressive behavior including physical work or bruxism like activity such as clenching or grinding the teeth. Since the majority of the population does not work in physically demanding jobs and aggressive behavior is socially not accepted, nocturnal or even day-time bruxism behavior is unconsciously chosen. So we can accept clenching and grinding as a normal and important function of the human masticatory system (Slavicek 2000).

Already 5 years ago, this subject was intensively highlighted and discussed in Cologne by internationally most recognized doctors/dentists and scientists (Bruxism Congress 2010), in order to impart the most up-to-date knowledge to practitioners and provide valuable advice and information for the everyday contact with their (bruxism-) patients.

The "Update Bruxism Congress 2015" in Munich aims at presenting all innovations and experiences of the past years at the highest international professional level possible for improving your "handling" of this special group of patients on a sustainable basis.

Markus Greven

**President (elect) Int. Academy
of Interdisciplinary Dentistry (IAAID)**

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IAAID INTERNATIONAL CONGRESS on BRUXISM

30.+31. JANUARY 2015
MUNICH / GERMANY
AT THE
WESTIN GRAND HOTEL



(FOR HOTEL RESERVATION:)

ARABELLASTRASSE 6, 81925 MUNICH,
GERMANY

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westinggrandmunich.com arbellaeventpark.com

Day 1 January 30th

- Prof. Rudolf Slavicek, Austria : „Definition of Bruxism“
- Prof. Daniel Edelhoff, Germany : „Dental Material Aspects in Bruxism Patients“
- Prof. Gilles Lavigne, Canada : „Physiology and Pathophysiology of Bruxism“
- Prof. Frank Lobbezzo, The Netherlands : „Bruxism and Pain“
- Prof. Daniele Manfredini, Italy : „Psychological Aspects of Bruxism“
- Prof. Olga Orlova, Russia : „Neurological Aspects of Bruxism“

Day 2 January 31st

- Prof. Sadao Sato, Japan : „Bruxism and Occlusion“
- Prof. Ian Stavness, Canada: „3-D Simulation of Bruxism“
- Dr. Kanji Onodera, Japan : „BruxChecker“
- Prof. Jean-Daniel Orthlieb, France : „Behavioural Aspects of Bruxism“
- Priv. Doz. Oliver Ahlers, Germany : „Reconstructive Rehabilitation of Bruxism Patients“
- Dr. Givi Ordhzonikize, Russia : „Periodontal Aspects of Bruxism“
- Dr. Kristian Basili, Chile : „Day-Time Bruxism“
- Prof. Rudolf Slavicek : „The Importance of Bruxism in Medicine and Dentistry“

SUBSCRIPTION FORM
IAAID International Congress on Bruxism 2015
January 30./31., 2015
Westin Grand Hotel Munich

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- Early inscription discount** 480,- €
(until October, 1st 2014)
- IAAID members** 550,- €
(and adjuncted organizations)
- Non-members:** 650,- €
- Dental Students (4th,5th or 6th year)** 250,- €
(With Dental Student ID/Please provide copy)

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message)

